

FÉDÉRATION SPORTIVE & GYMNIQUE DU TRAVAIL



A VISION OF SPORT AS A RIGHT, A TOOL  
FOR EMANCIPATION, AND A DRIVER OF SOCIAL JUSTICE

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# 90 YEARS OF POPULAR, INCLUSIVE & EMANCIPATORY SPORT

FSGT is a french omnisport grassroots federation founded in 1934, rooted in the labor movement.

**100** SPORTS, CULTURAL,  
& ARTISTIC ACTIVITIES

**4 000** CLUBS

**200 000** PARTICIPANTS



## OUR NETWORK

A network of volunteers, employees, and local structures (departmental and regional committees, as well as activity commissions).



## OUR MISSION

To ensure access to physical sports, and artistic activities for everyone, regardless of age, gender, physical ability, or social background, by promoting a participatory and collective approach based on cooperation, play, creativity, and emancipation — rather than the sole pursuit of performance or competition.



Democratization  
of sports  
participation



International  
solidarity



Anti-racism  
& fight against  
discrimination



Social justice  
& human rights



Peace, dignity,  
& empowerment



# FSGT PEDAGOGY IN THE SERVICE OF INTERNATIONAL SOLIDARITY

Playing is a fundamental right. Through play, children invent, create, and develop social and motor skills. By working together toward a common goal, they become active participants in their own transformation. This is the vision we promote through our international actions in Palestine, Madagascar, refugee camps, and territories neglected by public policies.



Our pedagogy enables children, young people, women, refugees, people with disabilities, and marginalized groups to :

- Build confidence in their capacities
- Develop cooperation, communication, and initiative
- Understand and transform their social environment
- Become active participants in their practice, not merely participants

## > OUR INTERVENTION APPROACH

Our approach is collaborative and developed with partners who are often weakened by their local context. The co-construction of projects, from design to implementation, allows activities to be adapted to local realities.

The transmission of our pedagogy is based on identifying the conditions that encourage emancipatory sports practice. The goal is to enable partners to create, adapt, and develop activities autonomously.

Our ambition is also to support partners in becoming transmitters of this pedagogy themselves, so that together we can carry this approach to other territories.



## > OUR PEDAGOGICAL APPROACH

At the FSGT, we learn by playing. Play is our tool for learning, enjoyment, and emancipation. We offer sporting games that preserve both the essential elements as well as the richness of sports culture. Rather than imposing technique through the game, we allow people to learn by doing, exploring, making mistakes, and succeeding. We build together with what we have: a ball, an open space, a group, sometimes nothing more. If equipment is lacking, we adapt. If there is no field, we invent one. Our goal is for everyone to play. Our method is based on four principles :

- Everyone plays
- We enter through play
- Rapid engagement in activity and success for all
- We keep playing, more and better, by evolving the rules

This pedagogy is also a political choice. It makes sport accessible in refugee camps, working-class neighborhoods, isolated villages, under-equipped schools, among women with little social access to sport, and among people with disabilities. Where access to sport is unequal, play becomes a tool for emancipation.

Our sporting events, tournaments, festivals, and gatherings, are designed to promote cooperation rather than elimination, to encourage connection, shared responsibility, and conviviality. At FSGT, your opponent is the friend who helps you improve, not an obstacle to eliminate.



## > IMPACT & RESULTS

Our pedagogy does not only train athletes; it develops citizens capable of taking action. Our international initiatives show that this non-formal education approach enables :

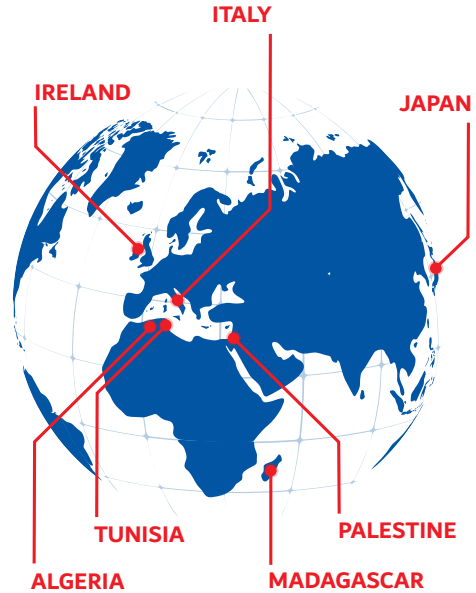
- Development of self-confidence and agency
- Assumption of responsibility and emergence of local leaders
- Cooperation, solidarity, and collective decision-making
- Trained educators to pass on what they have learned
- Genuine inclusion : women, refugees, people with disabilities
- Local replication of practices with limited resources

When a group plays, learns, and passes on knowledge, it becomes a social actor. Sport then opens pathways to dignity, voice, and transformation.

# FROM LOCAL TO INTERNATIONAL, ADVOCATING FOR SPORT ACCESSIBLE TO ALL

For over 40 years, the FSGT has been developing an international cooperation policy based on making sport accessible to all, fighting all forms of racism, supporting global solidarity — from South Africa to Palestine. We work hand in hand with grassroots organizations, municipalities, and public institutions.

Cross-cutting projects are carried out to foster access to emancipatory sports practices :



## FOSTERING EMANCIPATORY SPORT WORLDWIDE

Training sports facilitators and physical education teachers, strengthening access to sport for all, and co-building inclusive public policies. Fostering mutual learning through international exchanges and joint training programs, driven by popular and cooperative sports pedagogy.



## REFUGEES

Promoting inclusion and dignity for refugees, migrants, and displaced persons through emancipatory sports practices in France and abroad. The FSGT is part of the sport for refugees coalition, a network committed to inclusive, rights-based access to sport for all displaced populations.



## CULTURE OF PEACE

Promoting a culture of peace through sport by organizing solidarity-based sports festivals and events with partners in Tunisia, Japan, Italy, Algeria, Northern Ireland, and others.

# PALESTINE : TRAIN, PRACTICE, TRANSFORM

For over 15 years, the FSGT has been working in Palestine alongside local associations, municipalities, and Ministries to develop an emancipatory sport accessible to all.



- > TRAINING PHYSICAL EDUCATION TEACHERS  
Over 600 teachers and supervisors trained using cooperative educational tools.



- > TRAINING SPORTS FACILITATORS  
Over 120 sports facilitators from 12 municipalities and refugee camps trained to lead local activities for more than 4 000 children.



- > DOCUMENTING & SHARING KNOWLEDGE  
Producing resources, facilitating exchanges, and co-constructing a public policy for sport.

Training courses led by FSGT volunteers and physical education teachers, driven by a commitment to active solidarity and social transformation.

WE ARE MEMBER OF :

